

# FLAWLESS FLAVOURS FROM AROUND THE WORLD

## JAYSKITCHEN'S JOLLOF RICE

£12

A blend of Red Peppers, Tomatoes, Onions, Scotch Bonnet Peppers & Palm Oil. Sensationally Slow Cooked to create an unforgettable taste of Africa that will take your tastebuds on a Safari.

This comes with a choice of:

JaysKitchen's Hot & Spicy Slow Roasted Chicken OR

JaysKitchen's Red Stew: Beef or Chicken

## JAYSKITCHEN'S MAURITIAN ROUGAILLE

£12

A vibrant, colourful & flavoursome dish from the island of Mauritius. A slow cooked blend of Tomatoes, Coriander, Onions, Mauritian Herbs & Spices. Nothing screams AUTHENTIC!!! more than this.

Served with JaysKitchen's triple coated Chicken Bites, Red Split Lentils & White Rice.

## JAYSKITCHEN'S STICKY SWEET CHILLI CHICKEN

£12

An Asian inspired dish. Diced Chicken Breasts marinated in JaysKitchen's special Asian sweet chilli blend. Carefully cooked to perfection.

Served with Rice & Vegetable Spring Rolls.

## JAYSKITCHEN'S MASALA MADNESS

£18

The perfect accident. JaysKitchen's special masala blend meets Lamb Chops. Gently roasted to absolute perfection.

Server with a unique fried rice, made especially to compliment the Lamb Chops containing a specific blend of Herbs & Spices that will leave an imprint on your tastebuds for the foreseeable future. If you buy this dish for your partner, they will know you love them.

## JAYSKITCHEN'S BRAZY BRAISED LAMB RIBS

£18

As seen on our social media pages, this mouthwatering sensation is boasting full of so much flavours, it makes your belly rumble just looking at it.

STICKY, TENDER, COLOURFUL, SWEET WITH A HINT OF SPICE. The best Lamb Ribs from Mary herself. Marinated and slow cooked in JaysKitchen's Sticky Oriental BBQ Sweet Chilli Marinade and cooked with a blend of Peppers to give it the bright colourfulness. This dish takes chef specials to new heights. WARNING: You might need a tissue or two from licking your fingers

## JAYSKITCHEN'S VERY THAI WHY?

£10

This Thai inspired dish, is one of its kind. A combination of various Thai herbs & spices. Combined with fresh Noodles, Atlantic King Prawns, Chicken, Cashew Nuts, Cabbage, Carrots & Beansprouts. Every part of this dish is mouthwateringly succulent. The aromas of the Atlantic Prawns really make this dish something special.

# FLAVOURS OF PARADISE MAIN MENU

## SEAFOOD BOILS & FISH

### SIMPLE SEAFOOD BOIL | £15

Includes Crab Meat, Muscles, Prawns, X1 Corn On The Cob 🌽 X1 Potato 🥔

### INTERMEDIATE BOIL FOR 1 | £40

Includes Crab Meat, Muscles, Prawns, x 2 Tiger Prawns, X1 Crab Claw X1 Lobster 🦞 Tail X1 Corn On The Cob 🌽 X1 Potato 🥔

### FEAST BOIL | £95

Includes Crab Meat, Muscles, Prawns, Muscles in Shells, Clams, X1 Whole Crab, X2 Tiger Prawns, X2 Crab Claw, X2 Lobster 🦞 Tail, X2 Corn On The Cob 🌽, X2 Potato 🥔

### JERK FISH | £15

Carefully marinated Fish in our homemade Jerk Seasoning, Grilled to perfection.

Served with White Rice, JaysKitchen's Ackee & Peppers, our homemade Caribbean Coleslaw Sweet & Crunchy to compliment the spicy aromas of the Jerk Fish. 🌶️

### HENNY & FISH | £15

Garuntee you will not find this anywhere else in the world. Our Hennessy Fish is a blend of Sweet Chilli, Garlic, Ginger & Hennessy. Combined with some of the most exotic herbs and spices. Grilled to perfection 🍷

Served with steamed herby baby potatoes & veg. This will definitely give your tastebuds something to remember.



★★★★★

## JAYSKITCHEN'S CURRIES

### TRADITIONAL MAURITIAN POTATO & CHICKPEA CURRY

Choose From: CHICKEN £12 | LAMB £15 | BEEF £12

JaysKitchen's take on a Traditional Mauritian Curry. Blending authentic Mauritian herbs & spices together to create an unforgettable taste. Spicy, vibrant & full of Island flavours. This dish certainly boasts with charisma.

Served with: White Rice, Mauritian Roti & Mauritian Cucumber & Carrot Salad.

### OXTAIL CURRY MAURITIAN STYLE | £15

Slow cooked Oxtail in a sensational blend of Mauritian herbs & Spices. This dish is then brought together with blended and sifted rich tomatoes, that gives this curry sauce the most exquisite finish.

This dish is FULL of PAZAZ.

Served with White Rice & Mauritian Cucumber & Carrot Salad.

### JAYSKITCHEN'S CURRY GOAT | £12

If you've never made love in the kitchen before, then this is a curry dish that will steal your heart. Slow cooked until the meat is dripping off the bone. A combination of East African & Caribbean herbs and spices. This dish will have you loved up in no time, the question is who will finish first?

Served with White Rice & JaysKitchen's Caribbean Coleslaw.

### JAYSKITCHEN'S LENTIL CURRY | £10

As seen on our social media pages, what can only be described as a perfect blend of Mauritian herbs & spices to create an authentic curry dish topped off with a boiled egg, served on white Rice.

Suitable for Vegetarians.



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# FLAVOURS OF PARADISE MAIN MENU



## JAYSKITCHEN'S PASTA DISHES

### GARLIC PRAWNS | £9

succulent Atlantic King Prawns, gently cooked to perfection in Butter, combined with Garlic, Cream & White Wine with our special blend of herbs & spices. Served with Fresh Tagliatelle. The aromas from this dish alone will send your nerve system into awe. A real treat for your tastebuds.

### BULLYNAISE | £9

Our Bolognaise recipe is a bully because it kicks any other Bolognaise recipe out of the park. If Bolognaise was boxing then we have created a World Champion. This simple but yet sophisticated recipe infuses the traditional Bolognaise with a mixture of Herbs, Spices & Seasonings from all over the world, combined to create this unforgettable network of flavours. Served With: Fresh Penne Pasta OR Fresh Fusilli Pasta or Fresh Spaghetti.

### SPICY CHICKEN PASTA | £9

This iconic dish boasts everything you need after a long day. Juicy Fresh Penne Pasta accompanied with succulent cuts of chicken, combinations of Peppers, Olives and fine spices that will make your tastebuds tingle in a fresh tomato sauce seasoned to absolute perfection. It is almost simple but the flavours leave a long lasting smile of satisfaction.

### CREAMY CHICKEN PASTA | £9

One of our original recipes that will leave you contemplating why you haven't tried this sooner. A Creamy garlic sauce, combined with succulent cuts of chicken, Penne Pasta, mixed Peppers, courgettes & topped with Steamed Broccoli. Its perfect for Gym Lovers, anyone watching what they eat or anyone who appreciates good food. It's just absolutely sensational.

## SIDES & EXTRAS

	MEDIUM	LARGE
SEASONED CHIPS	M   £2	L   £3
PLAIN CHIPS	M   £2	L   £3
CREAMY MASHED POTATO	M   £3	L   £4
JAYS SEASONED MASHED POTATO	M   £3	L   £4
JAYSKITCHEN'S MAC & CHEESE	M   £3	L   £4
JAYSKITCHEN'S VEG FIRED RICE	M   £3	L   £4
JAYSKITCHEN'S JOLLOF RICE	M   £5	L   £6
X4 GRILLED WINGS (ANY CHOICE)		L   £5
X8 GRILLED WINGS (ANY CHOICE)		L   £8
JAYSKITCHEN'S COLESLAW	M   £3	L   £4
PLANTAIN	4PCS	£1.50
GATEAU PIMENT	4PCS	£2

## SOFT DRINKS

COCA-COLA	£1.50	DIET COCA-COLA	£1.50
SPRITE	£1.50	MARINDA ORANGE	£1.50
FANTA	£1.50	MARINDA STRAWBERRY	£1.50
RIO	£1.50	TANGO ORANGE	£1.50
STILL WATER	£1.50	TANGO APPLE	£1.50

## JAYSKITCHEN'S SMOOTHIES

### MÈRCI MAURICE | £7

A blend of fresh: Coconut, Pineapple, Mango, Orange, Passionfruit & Guava. Bursting with island flavours.

### MMM'BERRY NICE BORIS | £7

A blend of fresh: Strawberries, Raspberries, Blueberries, Orange & Apple. No matter what type of day you're having, this will ensure you have a berry nice day.

### SEXY SUNDAY | £7

A blend of fresh: Sexy Pineapples, Sexy Mangoes, Sexy Orange and a hint of Watermelon. Perfect for mixing with a dash of your favourite Rum or Brandy.

### INCREDIBLY INCREDIBLE HULK | £7

A blend of fresh: Peaches, Cucumber, Kiwi, Kale, Banana, Mango & Oranges. The perfect drink to help your muscles recover quickly or to refresh your body after a night out. Sifted to avoid unpleasant bits



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